

AESTHETICS, 12.0409.00

1.0 DEMONSTRATE SAFE WORK PRACTICES

- 1.1 Identify the responsibilities of Aesthetic students to maintain a safe work environment for self and clients in all lab and clinical settings.
Comply with all OSHA and Arizona Board of Cosmetology safety guidelines by wearing the correct protective clothing to ensure both personal and client safety in all Aesthetic lab and clinical settings.
- 1.2 Perform and comply with all State Board Regulations, OSHA and CDC safety regulations regarding Bloodborne Pathogens and Universal Precautions in Aesthetic lab and clinical settings.
- 1.3 Demonstrate and apply all risk management policies as stated by the Aesthetics facilities.
Comply with Occupational Safety and Health Administration (OSHA) standards by maintaining all current Safety Data Sheets (MSDS) as well as identify where they are located in the Aesthetics facility.
- 1.4 Maintain clear and clean labeling of all chemicals and skin care products used in the Aesthetics lab/clinic
- 1.5 Check all electrical equipment to ensure that it is properly working and safe with the correct attachments before starting a

2.0 APPLY INFECTION CONTROL AND SAFETY STANDARDS ACCORDING TO ARIZONA STATE BOARD OF COSMETOLOGY (ABOC)

- Select the proper level of sanitation and disinfection for implements and tools, linens, towels, equipment and all workspaces according to recommended guidelines.
- 2.1 Properly mix various hospital grade wet disinfectants according to manufacturer's directions and identify correct container to use for disinfectant storage.
 - 2.2 Follow correct steps in order for disinfecting implements and tools used in aesthetic services and know proper immersion
 - 2.3 Sanitize electrical equipment following manufacturers' instructions
 - 2.4 Use recommended techniques to launder and store all linens and client/ student esthetician garments.
Show knowledge of State Regulations on personal cleanliness by showing proper hand washing techniques between clients, after eating, smoking and using the restroom.
 - 2.5 Comply with state and federal regulations for infection control and disease prevention (CDC)
 - 2.6 Identify and apply the OSHA Bloodborne Pathogens Standard (29CFR-1910.1030) applicable to the aesthetics environment
 - 2.7 Identify and apply the OSHA Hazard Communications Standard (29CFR-1910.1200) applicable to the aesthetics environment
Properly identify communicable skin diseases/disorders or any other circumstances that may be contraindicated to services and when to refuse service or refer out to a medical expert.
 - 2.8 Aesthetic Student will practice all sanitation guidelines in an industry professional manner in clinical and lab settings.
 - 2.9 Recall all Arizona State Board Law and Scope of practice as it applies to the Aesthetics Industry.

3.0 DEMONSTRATE SKIN SCIENCES

- 3.1 Correctly identify the Integumentary system, its layers, and functions as it applies to Aesthetics.
- 3.2 Identify Factors that affect the skin such as hormones, diet, skin care products and medications.
- 3.3 Identify contraindications to massage, electrotherapy, and chemical peels as well as other advance in aesthetics.
- 3.4 Identify different types of skin and effective services and skin care products to apply during treatments in Aesthetic labs and clinical setting.
- 3.5 Identify the correct electrotherapy modality and how to safely apply it in Aesthetic lab and clinical setting.
- 3.6 Identify the correct exfoliation modalities and how to safely apply in Aesthetic settings.
- 3.7 Showing knowledge of Cosmetic chemistry as it applies to Aesthetics.

4.0 DEMONSTRATE PROFESSIONAL SKIN TREATMENTS

- 4.1 Explain the treatment about to take place to the client include how to prepare for the service.
- 4.2 Demonstrate proper skin analysis, consultations and documentation in Aesthetics setting using professional industry
- 4.3 Demonstrate proper and safe cleansing procedure including eye makeup removal by double bracing.
- 4.4 Demonstrate and safely apply steam towels to remove skin care products.
- 4.5 Safely apply a steamer during the use of exfoliation methods.
- 4.6 Show safe and proper methods of extractions with the correct safety wear.
- 4.7 Identify and compare various types of acids used in chemical peels and select the correct one based on clients skin
- 4.8 Perform various microdermabrasion modalities safely with correct protection for both the practitioner and client.
- 4.9 Perform body services in an industry standard professional manner.
- 4.10 Apply proper effective industry Aesthetic skills in clinical and lab settings.

Perform proper work station set up and clean up with all necessary supplies following all sanitation guidelines prior to the beginning of services.

5.0 MORPHOLOGY

- 5.1 Identify the hairs current growth cycle and any possible contraindication for service.
- 5.2 Provide client with complete consultation using professional language and confirm service and expectations.
- 5.3 Select appropriate wax for the area to be waxed.
- 5.4 Prepare the area with the correct products.
- 5.5 Follow all sanitation guidelines.
- 5.6 Provide proper post care to clients.
- 5.7 Demonstrate proper shaping of the eyebrows by tweezing or waxing.
- 5.8 Demonstrate ability to follow protocols and manufacturers directions by safely applying lash tint to eyebrows and lashes.

6.0 DEMONSTRATE MAKEUP APPLICATION

- 6.1 Select correct makeup products using color theory.
- 6.2 Dispense makeup products using infection control procedures.
- 6.3 Apply makeup using proper bracing techniques.
- 6.4 Provide pre and post consultation to client.
- 6.5 Properly and safely apply strip and individual lashes
- 6.6 Document all makeup applications for future references.

7.0 DEMONSTRATE PROFESSIONAL SKILLS

- 7.1 Understand the importance of time management skills in Aesthetic services and settings
- 7.2 Demonstrate interpersonal skills by performing assigned monitors or assisting others in the aesthetics lab or clinic.
- 7.3 Start all client services at assigned times.
- 7.4 Maintain all client files and suggest professional products to enhance the services provided.
- 7.5 Maintain a professional code of conduct at all times including break rooms, hallways, lab and classroom settings.
- 7.6 Maintain clean and appropriate dress code following all prescribed infection control guidelines.
- 7.7 Prepare a professional industry standard cover letter and resume.

8.0 DEMONSTRATE ORAL COMMUNICATION SKILLS

- 8.1 Use questioning techniques to obtain the needed information for client consulting
- 8.2 Interpret oral and nonverbal communication of clients
- 8.3 Apply active listening skills during communications
- 8.4 Communicate using culturally sensitive language for a diverse clientele
- 8.5 Perform good customer relations and telephone etiquette
- 8.6 Apply effective communication with clients in both verbal and written formats in all Aesthetic settings.
- 8.7 Effectively participate in an industry standard interview.

9.0 EXAMINE THE IMPORTANCE OF ENTREPRENEURSHIP

- 9.1 Identify factors that contribute to the success of a salon, including personal traits
- 9.2 Compare and contrast the advantages and disadvantages of sole proprietorships, partnerships, and corporations
- 9.3 Describe components of a business plan, including a floor plan
- 9.4 Identify successful marketing strategies including appropriate social media platforms.
- 9.5 Identify laws, rules, and regulations of the Arizona State Board of Cosmetology for state compliance
- 9.6 Identify licensing, certification, and industry credentialing requirements in salon ownership
- 9.7 Identify the business skills needed to operate a business
- 9.8 Perform knowledge of business finances
- 9.9 Analyze the relationship of customer service and customer satisfaction to the success of the business
- 9.10 Recognize the difference between internal and external customers.

10.0 USE INFORMATION TECHNOLOGY TOOLS

- 10.1 Identify when and how it is appropriate to use technology in the workplace.
- 10.2 Identify the importance of timekeeping as it applies to Aesthetics and timing of services.

11.0 DEMONSTRATE LANGUAGE ARTS KNOWLEDGE AND SKILLS

- 11.1 Locate, comprehend, and evaluate oral and written information such as aesthetics manuals and complex protocols.
- 11.2 Draft, revise, and edit written documents using correct grammar, punctuation, and vocabulary
- 11.3 Present information formally and informally for specific purposes and audiences in oral and written formats
- 11.4 Use aesthetics terminology as appropriate for the industry.