Aesthetics | One Year Program
Scope & Sequence

Semester One

AE101 - Aesthetics I

District Pre-Assessment
Unit 4 (15 Days) Skin Sciences

Unit 1 (5 Days) Orientation
- West-MEC Handbook
- Aesthetician Policies
- History and Career Opportunities in Aesthetics
- Life Skills
- Professional Image
- Communicating for Success
- Student Kits
- CTSO Integration (Leadership Skills): Introduction to SKills USA, Competitive Opportunities, Officer Elections
- Academic Standards: ELA.11-12.L.4
- Work-based Learning: Career Exploration Activities
- Technical Standard: 1.1-.7, 8.1

Unit 2 (5 Days) Infection Control, & Safety
- First Aid
- Infection Control Principles & Practices
- Arizona State Board of Cosmetology Rules & Regulations
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Officer training, Fundraising
- Work-based Learning: Student-Based Enterprise Student Models
- Technical Standard: 2.1-.22, 9.5

Unit 3 (25 Days) Aesthetics
- The Treatment Room
- Facial Treatments
- Facial Massage
- Facial Machines
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons
- Work-based Learning: Student-Based Enterprise Student Models
- Technical Standard: 3.1-.7, 4.1-.11, 7.1-.7, 8.1-.6, 10.1-.2
- Skin Physiology
- History of the Skin
- Skin Disease & Disorders
- Skin Analysis
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Community Service, Fundraising
- Work-based Learning: Student-Based Enterprise Student Models
- Technical Standard: 3.1-.7

Unit 5 (15 Days) General Science
- General Anatomy and Physiology
- Basic Electricity
- Basic Nutrition
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Fall Conference, Fundraising
- Work-based Learning: Resume and Cover Letter Development, Student-Based Enterprise Student Models
- Technical Standard: 3.1-.6, 11.1-.4

Advanced Topics & Treatments
- Chemical Exfoliation
- Microdermabrasion
- Dermaplaning
- CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Community Service
- Academic Standards: ELA.11-12.L.4, 5.NF.B.6
- Work-based Learning: Guest Speaker, Informational Interview, Student-Based Enterprise Student Models
- Technical Standard: 4.1-.11, 10.1-.2
- Basic Chemistry

Semester Exam
Aesthetician | One Year Program
Scope & Sequence

Semester Two

AE102 - Aesthetics II
AE102S - Aesthetics II Summer

Unit 7 (15 Days) The World of Makeup
● Color Theory
● Daytime Makeup
● Special Occasion Makeup
● Artificial Lashes and Eyelash Extensions
● Lash & Brow Tinting
● CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, Regional Conference
● Academic Standards: ELA.11-12.W.9, A-CED.A.1
● Work-Based Learning: Guest Speaker, Student-Based Enterprise Student Models
● Technical Standard: 6.1-.6

Certification: Eyelash Extension Certification

Unit 8 (20 Days) Hair Removal
● Methods of Hair Removal
● Eyebrow Waxing/Shaping
Unit 10 (20 Days) Spa Treatments
● Stone Therapy
● Body Scrubs
● Back Facials
● Body Wraps
● CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, State Conference
● Academic Standards: ELA.11-12.SL.3
● Work-Based Learning: Student-Based Enterprise Clinic
● Technical Standard: 3.1-.7, 4.1-.11 Unit 11 (25 Days)

State Board Prep
● State Board
● Preparation and Practice
● Practical and Written Testing
● Leg & Bikini Waxing
● Arm & Underarm Waxing
● Facial Waxing
● CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Competition Prep, Fundraising, Community Service
● Academic Standards: ELA.11-12.SL.3, ELA.11-12.SL.6, A-CED.A.1
● Work-Based Learning: Guest Speaker, Field Trip/Workplace Visit, Student-Based Enterprise Student Models
● Technical Standard: 5.1-.8, 10.1-.2 Unit 9 (15 Days)

Business Skills
● Career Planning
● The Skin Care Business
● Selling Products and Services
● CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Competition Prep, Fundraising
● Work-Based Learning: Career Exploration, Resume Review, Mock Interviews, Student-Based Enterprise Student Models
● Technical Standard: 8.1-.7, 9.1-.10
● CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, National Conference
● Work-Based Learning: Student-Based Enterprise Clinic
● Technical Standard: 1.1-.7, 2.1-.12, 3.1-.7, 4.1-.11, 5.1-.8, 6.1-.6, 7.1-.7, 8.1-.7, 9.1-.10, 10.1-.2, 11.1-.4

Certification: Arizona Board of Cosmetology Aesthetician License Exam

District Post-Assessment

Common AZCCR Math Standards (CAMS) English Language Arts Standards (ELAS) Skills US